

# HOW TO ACCESS SEXUAL HEALTH TESTING IN EDINBURGH JUST NOW

A guide for anyone looking to access sexual health testing services in Edinburgh, Winter 2022.

- 18 or under?
- Experiencing signs or symptoms?
- Not experiencing symptoms?
- What happens next?
- Other services near you
- Testing window information





# 18 OR UNDER?

A drop-in service for young people is available at Chalmers Centre, Edinburgh, EH3 9ES. They are open Monday to Thursday from 3:30pm to 7pm and Friday from 1pm – 3:30pm.

There are no appointments, just turn up during the drop-in times. One of the specially trained youth workers will welcome you and can tell you what to expect.





# **IF YOU ARE EXPERIENCING SIGNS AND SYMPTOMS**

**If you are experiencing symptoms, please call  
Chalmers Sexual Health Centre on 0131 536 1070  
(Open from 9am Monday - Friday).**

**If you are a gay or bisexual man, or man who sleeps  
with other men then you can contact the ROAM  
team on 07774 628227.**





# IF YOU ARE NOT EXPERIENCING SIGNS OR SYMPTOMS

Home Sampling Kits (HSKs), are available to book via this page:

[www.lothiansexualhealth.scot/home-sampling-kits/home-sample-testing](http://www.lothiansexualhealth.scot/home-sampling-kits/home-sample-testing)

You can either book online via this link or you can call 0131 536 1070 from Monday to Friday 9am-12pm.



[www.crew.scot](http://www.crew.scot)



# WHAT HAPPENS NEXT?

You will need to provide some information on your physiology, so that the most appropriate test can be ordered. You will also need to provide a Lothian address for the kit to be sent to. This does not have to be your home address.

The test will arrive with full instructions for you to carry out in a safe and private place.

You will be given a phone number to call to receive your results. Your results will be ready within 7-14 days.





# OTHER SERVICES NEAR YOU

Crew provides Rapid HIV and Syphilis Testing in partnership with SX and Waverley Care. This service runs fortnightly from Crew on Thursdays 5-7pm. To access please book via this page: [www.crew.scot/what-we-do/drop-in](http://www.crew.scot/what-we-do/drop-in)

SX also provides rapid HIV & Syphilis testing at other locations across Edinburgh, the Lothians, and Forth Valley. To find out more, visit: <https://s-x.scot/sexual-health/stis-prevention/testing/checkpoint/>



[www.crew.scot](http://www.crew.scot)



# OTHER SERVICES NEAR YOU

You can pick up free contraception and lube at Crew! Or order online straight to your door from: [ccard.org.uk/free-condoms-by-post](http://ccard.org.uk/free-condoms-by-post)

You can also visit the Chalmers website at: [www.lothiansexualhealth.scot](http://www.lothiansexualhealth.scot) for more information on pregnancy, contraception, STI's, PrEP and much more.



[www.crew.scot](http://www.crew.scot)



# TESTING WINDOWS

The testing window is the amount of time that needs to pass after exposure to an STI before it will be picked up by a test.

- Chlamydia: 10 days after exposure
- Gonorrhoea: 10 days after exposure
- Syphilis: 6 weeks after exposure and retest after 3 months
- Hepatitis B: 4/6 weeks after exposure
- Hepatitis C: 3 weeks after exposure
- HIV Anti Body Test (Rapid Test): 3 months after exposure
- HIV Blood Test: 4 weeks after exposure
- Herpes: 6-12 weeks after exposure
- HPV (Human Papillomavirus): – 4 months after exposure