

Take opioid drugs? Know someone who does?



If you or someone you know takes drugs like heroin, methadone or codeine or there is a chance you could witness an opioid overdose, you should carry naloxone.

Naloxone is a life-saving medicine that temporarily reverses the effects of an opioid overdose.

Naloxone is free and anyone over the age of 16 can grab a naloxone kit from the Crew Drop-in.

Visit CREW.SCOT to book a slot for naloxone collection and training, or stop by our Drop-in (opening times may be affected by pandemic restrictions).

Where to find us:

32 Cockburn Street, Edinburgh, EH1 1PB

Email: DropIn@crew2000.org.uk

Text: 07860047501

Website: www.crew.scot/get-naloxone



Who should carry naloxone? **EVERYONE**



Signs of an opioid overdose include:

- **Unconsciousness - won't wake with a shout or a shake**
- **Severe nausea and vomiting**
- **Seizures/fitting**
- **Difficulty breathing/snoring/raspy breathing**
- **Blue/pale tingeing of knees, hands and lips**
- **Slow or erratic pulse (heartbeat)**
- **Pale, cold and clammy skin**
- **Pin-point pupils**



IN AN EMERGENCY CALL 999 FOR AN AMBULANCE

When to give naloxone?

- **Naloxone should be given to anyone who is non-responsive and displaying signs of an overdose.**
- **If you are unsure if the person has taken opioids, always use naloxone as this will not cause any harm. If they do have opioids in their system amongst other drugs, reversing the effects may be enough to bring that person round.**