







- A free, confidential support and advice service for young people up to 18 years old
- Support that explores positive change around drug and alcohol use
- Support that aims to build confidence to make the changes / choices that are right for each young person
- Information for young people around relapse prevention, keeping safe and building life skills.



Contact us

To make a referral or for more information, please get in touch with your local service or contact:

> **YPSUS Central Base** 329 High Street Edinburgh, EH1 1YJ

t: 0131 529 6700 e: YPSUS@edinburgh.gov.uk

Information for **Professionals**

Supported and Coordinated by:

























YPSUS

The Young People's Substance Use Services (YPSUS) is a partnership of Edinburgh agencies working with young people who are using drugs including alcohol.

We offer

One to One Support

We offer a range of holistic one to one support and will work with young people to explore what will best meet their needs. This includes creating a safe, confidential space for young people to talk to a worker about their concerns, set goals and / or explore positive coping mechanisms.

Treatment

As well as offering one to one support, if young people need any treatment, this can be provided by NHS Lothian's Adolescence Substance Use Service (ASUS)

Depending on the service other support options may be available, including support for young people affected by parental substance use - please contact us for details.

How to access the service

Young people can refer themselves or via a professional. This can be done by contacting any of the organisations below directly. Alternatively, you can contact us using the YPSUS details overleaf.

North East & South West **Health Opportunities Team** (HOT)

1a Queens Walk Edinburgh, EH16 4EA

1: 0131 468 4600 w: www.health-opportunities.org.uk

Registered Charity No: SC031463 **Registered Company No: 217791**

North East

The Junction

82 - 86 Great Junction Street Edinburgh, EH6 5LL

t: 0131 553 0570 w: www.the-junction.org

Registered Charity No: SC036721 Registered Company No: 278505

North West

Circle

Fiona Burness (Young Persons Worker) 18 West Pilton Park Edinburgh, EH4 4EJ

> t: 0131 552 0305 m: 07703 316 425 w: www.circle.scot

Registered Charity No: SC037181 Registered Company No: 296943

South East & City Wide

Crew

32A Cockburn Street, Edinburgh, EH1 1PB

t: 0131 220 3404 w: www.crew2000.org.uk www.mycrew.org.uk

Registered Charity No: SC021500 **Registered Company No: 176635**

City Wide

Adolescence Substance Use Service (ASUS, NHS Lothian)

Jayne Reed (Specialist Nurse) City Chambers, Level 10, 329 High Street, Edinburgh, EH1 1YJ

t: 0131 529 6700 e: ASUS@nhslothian.scot.nhs.uk







